

Tips for travelers with changes in their vision





Tips to make traveling, vacations and day trips easier when you have changes in vision.

- Make a list in advance of important tasks to prepare for your trip.
- Break up bigger tasks into smaller steps.
- Plan your itinerary and your routes to get to any destination.
- Use navigation apps where available.
- Choose and research locations to visit in advance of your trip.
- Visit event and location websites to learn about them in advance. Call, text, chat, and/or email to learn more.
- Look for accessibility features that help you E.g., free admission for sighted guide dog.



- Include things like airports, hotels, public transport, and restaurants in your research. The more you know in advance, the better!**

- Make arrangements if you have a guide dog.**

- If you have to complete forms, arrange for assistance or have the form available to you in an accessible format.**

- Provide feedback about your travel experiences - mention any concerns or issues you may have experienced.**

- If you have had a good travel experience, let events and locations know too! Telling people what they did, “right” is just as important as letting them know what to improve.**

Happy Travels!

This tip sheet was co-constructed by Sensory Friendly Solutions and 55+ Travelers: Arriving and Thriving audio conference guest Shelley Ann Morris.