

# Sensory Friendly Solutions

Make your interview room sensory-friendly with these changes.



## Vision

- Adjustable blinds;
- “Cool” room colors;
- Few room colors;
- Photography prints from nature;
- Uncluttered wall space.



## Hearing

- Space seating so people can see each other.



## Taste

- Water fountain nearby.



## Touch

- Spaces between furniture;
- Add Pillows.



## Smell

- Garbage can with lid.



## Movement

- Spaces between furniture;
- Small moveable table;
- Furniture risers;
- Chairs with arms for support;
- Firm but comfortable furniture;
- Pillows for back support.



## Balance

- Spaces between furniture;
- Furniture risers;
- Room to move.



## Interoception

- Bathroom nearby;
- Water nearby.